

PCT

WORLD INTELLECTUAL PROPERTY ORGANIZATION
International Bureau



INTERNATIONAL APPLICATION PUBLISHED UNDER THE PATENT COOPERATION TREATY (PCT)

(51) International Patent Classification 5 : A23L 2/38, A61K 33/14, 33/42		A1	(11) International Publication Number: WO 91/12734 (43) International Publication Date: 5 September 1991 (05.09.91)
(21) International Application Number: PCT/US91/01343			(81) Designated States: AT, AT (European patent), AU, BB, BE (European patent), BF (OAPI patent), BG, BJ (OAPI patent), BR, CA, CF (OAPI patent), CG (OAPI patent), CH, CH (European patent), CM (OAPI patent), DE, DE (European patent), DK, DK (European patent), ES, ES (European patent), FI, FR (European patent), GA (OAPI patent), GB, GB (European patent), GR (European patent), HU, IT (European patent), JP, KP, KR, LK, LU, LU (European patent), MC, MG, ML (OAPI patent), MR (OAPI patent), MW, NL, NL (European patent), NO, PL, RO, SD, SE, SE (European patent), SN (OAPI patent), SU, TD (OAPI patent), TG (OAPI patent).
(22) International Filing Date: 26 February 1991 (26.02.91)			
(30) Priority data: 485,609 27 February 1990 (27.02.90) US 548,007 5 July 1990 (05.07.90) US			
(71) Applicant: UNIVERSITY OF TEXAS SYSTEM BOARD OF REGENTS [US/US]; 201 West Seventh Street, Austin, TX 78701 (US).			Published <i>With international search report.</i> <i>Before the expiration of the time limit for amending the claims and to be republished in the event of the receipt of amendments.</i>
(72) Inventor: STRAY-GUNDERSEN, James ; 9807 Coldwater Circle, Dallas, TX 75228 (US).			
(74) Agents: CHWANG, T., Ling et al.; Johnson & Gibbs, 100 Founders Square, 900 Jackson Street, Dallas, TX 75202-4499 (US).			

(54) Title: BEVERAGE COMPOSITIONS FOR HUMAN CONSUMPTION

(57) Abstract

Hypotonic beverage compositions and beverage concentrates adapted for oral administration of water, physiologically essential electrolytes, nutrient minerals, carbohydrates, and other ingredients to a human body. The hypotonic beverage composition comprises an aqueous solution, either carbonated or non-carbonated, electrolytes, carbohydrates, low-caloric sweetener, and edible acid components in ranges as stated.

FOR THE PURPOSES OF INFORMATION ONLY

Codes used to identify States party to the PCT on the front pages of pamphlets publishing international applications under the PCT.

AT	Austria	ES	Spain	MG	Madagascar
AU	Australia	FI	Finland	ML	Mali
BB	Barbados	FR	France	MN	Mongolia
BE	Belgium	GA	Gabon	MR	Mauritania
BF	Burkina Faso	GB	United Kingdom	MW	Malawi
BG	Bulgaria	GN	Guinea	NL	Netherlands
BJ	Benin	GR	Greece	NO	Norway
BR	Brazil	HU	Hungary	PL	Poland
CA	Canada	IT	Italy	RO	Romania
CF	Central African Republic	JP	Japan	SD	Sudan
CG	Congo	KP	Democratic People's Republic of Korea	SE	Sweden
CH	Switzerland	KR	Republic of Korea	SN	Senegal
CI	Côte d'Ivoire	LI	Liechtenstein	SU	Soviet Union
CM	Cameroon	LK	Sri Lanka	TD	Chad
CS	Czechoslovakia	LU	Luxembourg	TG	Togo
DE	Germany	MC	Monaco	US	United States of America
DK	Denmark				

Description

BEVERAGE COMPOSITIONS FOR HUMAN CONSUMPTION

FIELD OF INVENTION

The present invention relates to carbonated and non-carbonated beverage compositions and beverage concentrates adapted for oral administration of water, physiologically essential electrolytes, nutrient minerals, carbohydrates, and other ingredients to a human body, and more particularly, the present invention relates to hypotonic beverage compositions and beverage concentrates.

Physical activity, such as exercise, particularly in the heat, places a great metabolic demand on a human body. During exercise, sweat is lost from the body, which can produce a state of dehydration or hypohydration. Dehydration, is associated with a reduction in the plasma volume. Associated with dehydration is an impairment of body heat dissipation and endurance performance. Although body electrolytes are also lost through perspiration, the net concentration of electrolytes per unit volume of body fluid actually increases. This is because perspiration causes a proportionally greater loss of water in comparison to the loss of body electrolytes. In addition, physical activity places a demand on the body's carbohydrate stores, such as muscle glycogen, liver glycogen, and plasma glucose. Loss of water, redistribution and loss of electrolytes, and the depletion of endogenous carbohydrate stores are primary causes of fatigue which impairs one's work capacity. To maintain the body's physical capabilities, it is essential that water, electrolytes, carbohydrate, and other nutrients be provided in a timely and appropriate manner. Fluid replacement during physical activity has been shown to be effective in preventing dehydration and hyperthermia.

Various illnesses and operations often cause a state of hypohydration. Thus, fluid replacement is also essential during illness and during post-operation recovery periods. Moreover, general activity requires fluid replacement as

well.

The quantity of fluid and carbohydrate that can be effectively absorbed is governed by the gastric emptying rate and the absorptive efficiency once the fluid and carbohydrate enter the small intestine. The gastric emptying rate is the rate at which stomach contents empty from the stomach. After the consumption of a carbohydrate-containing drink, the drink will immediately enter the stomach. Minimal absorption of water or carbohydrates occurs in the stomach, however. The absorption occurs only after the passage of the drink through the pylorus into the intestines. The stomach or gastric emptying rate into the intestines is thus an essential limiting factor for the rapid replacement of fluids to the body. It has been proposed that the pylorus is normally closed and its opening is essentially controlled by the osmotic pressure of the stomach contents. The hypothesis is that the lower the osmotic pressure of the contents in the stomach, the more rapid the contents are emptied into the intestines. The proposed mechanism is that the emptying of water solutions into the small intestine has been related to osmoreceptors residing in the duodenum. The osmoreceptors monitor the discharge of a fluid from the stomach. When the osmolality of the fluid is high, an osmotic gradient is established that serves to reduce water penetration to the receptors. The resulting shrunken vesicle then slows gastric emptying.

To enhance endurance performance, commercial fluid replacement drinks often contain a simple carbohydrate, such as glucose or fructose, as a supplementary energy source. Unfortunately, there is a trade-off between the goal of rapid fluid replacement and the goal of energy supplementation when a person consumes a carbohydrate-containing drink. As the carbohydrate concentration of a drink increases, its osmolality increases, thereby reducing its gastric emptying rate. Consequently, the rate of fluid replacement to the system is decreased.

Osmolality is defined as the number of dissolved

particles in a unit volume of water solution. Osmolarity is defined as the number of dissolved particles in a unit weight of water solution. As a practical matter, osmolality and osmolarity have numerical values which are very close in 5 the ranges involved in the present invention. A solution that has 1/1000 of an osmol dissolved per kilogram has a concentration of 1 milliosmos ("mOs") per kilogram. An osmol is the number of particles in 1 gram molecular weight of undissociated solute. Tonicity is a measure of the 10 osmotic pressure of a solution relative to the osmotic pressure of the blood fluids. It is to be understood that the osmotic pressure of the body varies somewhat from one person to the other person. A hypotonic solution is a solution of lower osmotic pressure or tonicity than that of 15 blood. The osmolality of a hypotonic solution is usually in the range of about 80-250 mOs/l. An isotonic solution has the same tonicity as blood. Here, the osmolality usually ranges from about 280 to about 310 mOs/l. A hypertonic solution is a solution of greater tonicity than blood. It 20 normally has an osmolality range of about 310-440 mOs/l. Water has the osmolality of about 10-20 mOs/l. Water and hypotonic beverages are most effective for rapidly replacing bodily fluids.

Carbohydrate-containing drinks raise blood sugar 25 concentration, and therefore increases plasma insulin levels which cause readjustment of the metabolism of the liver in a glycogen-saving direction. Insulin drives glucose out of the blood and into cells. If the rise in blood sugar is rapid, it provides a large release of insulin which drives 30 the blood sugar level lower than it was to start with. Different carbohydrates have differing abilities to stimulate insulin secretion.

Different compositions for beverages have been described in related references.

35 U. S. Patent No. 3,657,424 to Donald et al., issued April 18, 1972, teaches a citrus juice fortified with sodium, calcium and chloride ions beyond what are naturally

present in the juice. The ions are added to supplement the requirements of individuals having diminished amounts of these substances present in his or her body fluids.

U. S. Patent No. 4,042,684 to Kahm, issued August 16, 5 1977, discloses a beverage for supplementing the dietetic requirements of sugar and essential salts in a mammalian body depleted through physical activity. The beverage contains an aqueous solution of fructose, glucose, sodium chloride, potassium chloride, and free citric acid. The 10 patent teaches to include glucose in the beverage in an amount at least twice that of fructose.

U. S. Patent No. 4,309,417 to Staples, issued January 5, 1982, describes a protein fortified isotonic beverage containing sodium ions, potassium ions, chloride ions, 15 phosphate ions, and a sweetener. Most of the electrolytes needed in the beverage are provided by the whey protein concentrate added to the beverage. The osmolarity of the beverage ranges from about 140 to about 375 mOs/kg.

U. S. Patent No. 4,312,856 to Korduner et al., issued 20 January 26, 1982, discloses a beverage product adapted for rapid replacement of liquid and carbohydrate in the human body during periods of heavy muscle work. The product is a hypotonic solution that is free of monosaccharide. It contains mineral salts, soluble oligosaccharides and/or 25 polysaccharides.

U. S. Patent No. 4,322,407 to Ko, issued March 30, 1982, teaches a chemical composition for reconstituting with water to provide electrolyte drink. The drink consists of sodium, potassium, magnesium, chloride, sulfate, phosphate, citrate, 30 sucrose, dextrose, ascorbic acid, and pyridoxine.

U. S. Patent No. 4,448,770 to Epting, Jr., issued May 15, 1984, describes a dietetic beverage adapted for human consumption to maintain the balance of body fluids during periods of fluid depletion or potassium depletion. The 35 beverage contains potassium ions, calcium ions, magnesium ions, and sucrose. The amount of sucrose present ranges from 5 to 10 ounces per gallon of the beverage.

U. S. Patent No. 4,551,342 to Nakel et al., issued Nov. 5, 1985, describes a beverage suitable for carbonated soft drinks having a pH range from about 2.5 to about 6.5. The beverage contains a mixture of calcium, potassium, and magnesium cations, defined by a first regression formula. Also included are acids, such as citric, malic, succinic and phosphoric acids, defined by a second regression formula.

U. S. Patent No. 4,592,909 to Winer et al., issued June 3, 1986, teaches a water based drink formulated for consumption by an athlete. The drink contains water to which have been added salts of sodium, potassium, calcium, and magnesium. The drink does not contain any sugar so that the osmolality of the drink can be kept low.

U. S. Patent No. 4,649,051 to Gyllang et al., issued March 10, 1987, discloses a beverage product adapted for administration of water and carbohydrates to a human body. The drink is monosaccharide-free.

U. S. Patent No. 4,737,375 to Nakel et al., issued April 12, 1988, teaches beverages and beverage concentrates nutritionally supplemented with mixtures of citric, malic, phosphoric acids, and also significant levels of solubilized calcium. The beverages and concentrates are substantially free of sugar alcohol.

U. S. Patent No. 4,738,856 to Clark, issued April 19, 1988, teaches a beverage solution containing ions of calcium, magnesium and potassium. The beverage also contains a sweetener and a stabilizer.

U. S. Patent No. 4,830,862 to Braun et al., issued May 16, 1989, describes beverages and beverage concentrates supplemented with significant levels of solubilized calcium and low levels of sulfate and chloride ions. They also contain acids selected from phosphoric acid, citric acid, malic acid, fumaric acid, adipic acid, gluconic acid, and lactic acid, as well as mixtures of these acids.

U. S. Patent No. 4,871,550 to Millman, issued on October 3, 1989, teaches a nutrient composition. The composition contains free amino acids, carbohydrates, vitamins, minerals

and trace elements, electrolytes, and flavoring aids.

5 Canadian Patent No. 896486 to Babagan et al., issued on March 28, 1972, teaches an essentially isotonic beverage containing dextrose and electrolytes in contrast to the customary beverages that utilize sucrose.

A wide variety of electrolyte and sport drinks are available in the market. These drinks allegedly replenish water, carbohydrates, essential electrolytes, and other ingredients lost from a human body through dehydration.

10 Gatorade® Thirst Quencher, marketed by Stokely-Van Camp, Inc., contains about 6% of sucrose and glucose. It also contains sodium, potassium, chloride, and phosphorus. The drink has an osmolality in the range of between 280-360 mOs/liter.

15 Exceed® Fluid Replacement & Energy Drink, marketed by Ross Laboratories, contains about 7% of glucose polymers and fructose. It also includes sodium, potassium, calcium, magnesium, and chloride. The drink has an osmolality of 250 mOs/liter.

20 Quickkick®, marketed by Cramer Products, Inc., contains about 4.7% of fructose and sucrose. The drink is also provided with sodium, potassium, calcium, chloride, and phosphorus. The drink has an osmolality of 305 mOs/liter.

25 Sqwincher® the Activity Drink, marketed by Universal Products Inc., contains glucose, fructose, sodium, potassium, calcium, magnesium, phosphorus, chloride, and Vitamin C. The drink has an osmolality of 470 mOs/liter.

30 10-K™, marketed by Beverage Products, Inc., contains sucrose, glucose, fructose, sodium, potassium, Vitamin C, chloride, and phosphorus. The drink has an osmolality of 350 mOs/liter.

USA Wet™, marketed by Texas Wet, Inc., contains sucrose, sodium, potassium, chloride, and phosphorus. The drink has an osmolality of 450 mOs/liter.

35 It is seen that almost all of these beverages are hypertonic, having osmolality of at least above 250 mOs/liter. High osmolality slows the gastric emptying, and

consequently such drinks reduce the rate of fluid replacement to the body. Further, most of these beverages contain large amount of glucose which triggers a sudden and transient insulin response causing further imbalance of 5 carbohydrate metabolism in the body. Moreover, many of the commercial beverages suffer from poor taste. Thus, they do not, in fact, satisfy the body needs completely by rapidly replenishing water, electrolytes, carbohydrates, and other essential constituents which are lost through dehydration. 10 The present invention overcomes many of the prior art problems as discussed above.

SUMMARY OF THE INVENTION

It is therefore an object of the present invention to 15 provide a new and improved hypotonic beverage composition and concentrate.

It is another object of the present invention to provide a hypotonic beverage composition especially formulated to rapidly replenish water, physiologically 20 essential electrolytes, nutrient minerals, and sweeteners such as carbohydrates or non-caloric sweeteners to a person who has lost water through dehydration caused by exercise, heat, or illness.

It is still another object of the present invention to 25 provide a beverage composition that will minimize the disturbance of the metabolic balance in the body of a person.

It is another object of the present invention to provide a beverage composition that contains an antioxidant.

30 It is also an object of the present invention to provide a beverage composition that contains essential physiological electrolytes.

It is yet another object of the present invention to 35 provide a beverage composition that can deliver a carbohydrate energy source to the body of a person and yet minimally stimulate insulin secretion.

It is still another object of the present invention to provide a beverage composition that provides immediate as well as sustained carbohydrate energy source to the body.

It is yet another object of the present invention to 5 provide a carbonated hypotonic beverage composition.

It is also an object of the present invention to provide a beverage composition that can be administered to various mammals to prevent dehydration, loss of electrolytes, and nutrient minerals during periods of 10 activity.

It is further an object of the present invention to provide a beverage composition adapted for oral administration of water, physiologically essential electrolytes, nutrient minerals, and sweeteners to a human 15 body containing: from about 0.4 to about 0.8 ppm of solubilized iron; from about 3 to about 50 milliequivalents ("meq") of an electrolyte per liter of the beverage composition; from about 0 to about 8 weight percent, based on the total weight of the beverage composition, of a carbohydrate; from 0 to about 14 weight percent, based on 20 the total weight of the beverage composition, of a low-caloric sweetener; sufficient amount of an edible acid component to adjust the pH of the beverage composition to a range from about 2 to about 6.5; the beverage composition having an osmolality of from about 100 to about 270 mOs/l; and a sufficient amount of water necessary to establish the 25 foregoing properties.

It is also an object of the present invention to provide a concentrate for use in forming a final aqueous 30 beverage containing an admixture of materials in amounts and ratios such that when constituted with water, carbonated or non-carbonated, to form the final aqueous beverage, the following conditions and proportions are obtained: from about 0.4 to about 0.8 ppm of solubilized iron; from about 3 35 to about 50 meq. of an electrolyte per liter of the final aqueous beverage; from about 0 to about 8 weight percent, based on the total weight of the final aqueous beverage, of

5 a carbohydrate; from about 0 to about 14 weight percent, based on the total weight of the final aqueous beverage, of a low-caloric sweetener; a sufficient amount of an edible acid component to adjust the pH of the final aqueous beverage to a range from about 2 to about 6.5; and the final aqueous beverage having an osmolality of from about 100 to about 270 mOs/l.

10 It is a further object of the present invention to provide an essentially dry mixture suitable for constituting with water, carbonated or non-carbonated, to form a final beverage for oral administration of water, physiologically essential electrolytes, nutrient minerals, and carbohydrates to a human body, the dry mixture comprising: from about 0.4 to about 0.8 ppm of iron; from about 8 to about 12 meq. of a 15 potassium cation component per liter of the final aqueous beverage; from about 8 to about 12 meq. of a sodium cation component per liter of the final aqueous beverage; from about 75 to about 200 mg of Vitamin C per liter of the final aqueous beverage; from about 20 to about 60 I.U. of Vitamin 20 E per liter of the final aqueous beverage; from about 1 to about 5 weight percent, based on the total weight of the final aqueous beverage, of crystalline fructose; from about 3 to about 6 weight percent, based on the total weight of the final aqueous beverage, of maltodextrin; a sufficient 25 amount of an edible acid component such that when the essentially dry mixture is constituted with water to give the final aqueous beverage the pH in a range of from about 2 to about 6.5; and the final aqueous beverage having an osmolality of from about 100 to about 270 mOs/l.

30 It is further an object of the present invention to provide a beverage composition adapted for oral administration of water, physiologically essential electrolytes, nutrient minerals, and sweeteners to a human body containing: from about 3 to about 50 meq of an 35 electrolyte per liter of the beverage composition; from about 0 to about 8 weight percent, based on the total weight of the beverage composition, of a carbohydrate; from 0 to

about 14 weight percent, based on the total weight of the beverage composition, of a low-caloric sweetener; sufficient amount of an edible acid component to adjust the pH of the beverage composition to a range from about 2 to about 6.5; 5 the beverage composition having an osmolality of from about 100 to about 270 mOs/l; and a sufficient amount of water necessary to establish the foregoing properties.

It is also an object of the present invention to provide a concentrate for use in forming a final aqueous 10 beverage containing an admixture of materials in amounts and ratios such that when constituted with water, carbonated or non-carbonated, to form the final aqueous beverage, the following conditions and proportions are obtained: from about 3 to about 50 meq. of an electrolyte per liter of the 15 final aqueous beverage; from about 0 to about 8 weight percent, based on the total weight of the final aqueous beverage, of a carbohydrate; from about 0 to about 14 weight percent, based on the total weight of the final aqueous beverage, of a low-caloric sweetener; a sufficient amount of 20 an edible acid component to adjust the pH of the final aqueous beverage to a range from about 2 to about 6.5; and the final aqueous beverage having an osmolality of from about 100 to about 270 mOs/l.

It is a further object of the present invention to 25 provide an essentially dry mixture suitable for constituting with water, carbonated or non-carbonated, to form a final beverage for oral administration of water, physiologically essential electrolytes, nutrient minerals, and carbohydrates to a human body, the dry mixture comprising: from about 4 30 to about 9 meq. of a chloride anion component per liter of the final aqueous beverage; from about 8 to about 12 meq. of a sodium cation component per liter of the final aqueous beverage; from about 0.5 to about 15 meq. of bicarbonate anion component per liter of the final aqueous beverage; 35 from about 75 to about 200 mg of Vitamin C per liter of the final aqueous beverage; from about 20 to about 60 I.U. of Vitamin E per liter of the final aqueous beverage; from

about 10 parts per million to about 14 weight percent, based on the total weight of the final aqueous beverage, of an artificial sweetener; from about 0 to about 10 weight percent, based on the total weight of the final aqueous beverage, of maltodextrin; from about 0 to about 7 weight percent, based on the total weight of the final aqueous beverage; a sufficient amount of an edible acid component such that when the essentially dry mixture is constituted with water to give the final aqueous beverage the pH in a range of from about 2 to about 6.5; and the final aqueous beverage having an osmolality of from about 100 to about 270 mOs/l.

DETAILED DESCRIPTION OF THE PRESENT INVENTION

15 The present invention is based on a number of new discoveries and combinations of such discoveries with known scientific data which are summarized below:

20 (1) The main function of a fluid replacement beverage is to rapidly replenish water to a person who has lost water through perspiration and respiratory loss.

(2) A beverage must first be emptied from the stomach to the intestine before the beverage can be absorbed by the body. Thus, the rate of absorption is dependent upon the stomach emptying rate.

25 (3) A hypotonic beverage empties from the stomach faster than an isotonic beverage or a hypertonic beverage does.

30 (4) A hypotonic beverage with an osmolality of about 140-150 mOs/liter, which is approximately one half of that of the blood, empties very rapidly from the stomach.

(5) The body absorbs water about as rapidly as it absorbs a solution containing physiological electrolytes and 6% glucose.

35 (6) The performance of an athlete can be enhanced if blood glucose level in the body is maintained during exercise.

(7) One particle of dissolved polysaccharide, such as maltodextrin, increases the osmolality of the solution as much as one particle of dissolved simple saccharide does. When digested in the body, however, the polysaccharide 5 particle will provide a greater caloric benefit than the particle of simple saccharide will.

(8) An orally ingested simple saccharide usually provides the most immediate energy to the body.

10 (9) An orally ingested complex saccharide usually provides a more sustained energy release to the body.

(10) Oral ingestion of relatively dilute carbohydrate beverage is sufficient to maintain blood glucose level during exercise.

15 (11) Fructose does not cause as rapid or as great a release of insulin in a body as a sucrose or a dextrose does.

(12) Sweat is hypotonic and contains very small amount of physiological electrolytes.

(13) Sweat contains an extremely small amount of iron.

20 (14) Supplementation of some physiological electrolytes is more important for people participating in long duration physical activities than for people participating in a short duration of physical activities.

(15) The most common nutritional deficiencies in 25 developed countries are iron and calcium.

(16) Vitamin C promotes the absorption of iron into the body.

30 (17) A beverage containing excessive amounts of iron tends to give an unpleasant taste. The unpleasant taste, however, can be masked by reducing the amount of iron and carefully balancing the relative ratios of different ingredients in the beverage.

35 (18) Cramping resulting from exhaustive physical activity appears to be associated with an imbalance of physiological electrolytes, such as potassium, magnesium, bicarbonates, and phosphates.

(19) Strenuous physical activity induces damages in muscle cell membranes. The micro trauma is thought to be aggravated by oxygen radicals produced in the body during strenuous exercise.

5 (20) Both Vitamin C and Vitamin E are thought to be antioxidants and may reduce damage caused by oxygen radicals.

(21) Beverages with acidic pH tend to preserve better than beverages with alkaline pH.

10 (22) Beverages with acidic pH also tend to be more palatable than beverages with alkaline pH.

(23) Vitamin B₁₂ is thought to be an anabolic stimulant.

15 (24) Caffeine is a central nervous system stimulant.

(25) One can usually consume more, in quantity, of a carbonated beverage than a non-carbonated beverage.

The term "beverage composition" as used herein denotes a composition that is single-strength and ready to drink, that is, drinkable. As used herein, "beverage concentrate" 20 refers to a concentrate that is either in liquid form or in essentially dry mixture form. The essentially dry mixture can be in the form of either a powder or a tablet. The concentrate is usually formulated to provide a drinkable beverage composition or a final beverage when constituted or 25 diluted with water, either carbonated or non-carbonated.

One important aspect of the present invention is to provide a hypotonic beverage that has a rapid gastric emptying rate. The hypotonic beverage of the present invention has an osmolality that is lower than that of blood 30 serum. The hypotonicity of the beverage is controlled by the types, quantities, and ratios of the ingredients added to the beverage. The osmolality of the beverage is maintained within the range of from about 100 to about 270 mOs/l. Preferably, the osmolality of the beverage is from about 100 35 to about 200 mOs/l. The beverage of the present invention is formulated so that it can rapidly replenish water, physiological essential electrolytes, nutrient mineral, and

carbohydrates to people who have lost fluid from the body and who are in need of fluid replenishment. The need may arise from any kind of dehydration. The beverage is also formulated for people to consume before, during, or after 5 engaging in physical activity. Broadly, the hypotonic beverage contains essential physiological electrolytes, a sweetener such as a carbohydrate and/or a low-caloric sweetener, antioxidant, and an edible acid component. The edible acid component is necessary to give the beverage an 10 acidic pH; in a range of from about 2 to about 6.5.

Among the major physiological electrolytes are sodium, potassium, chloride, calcium, and magnesium. The electrolytes and ionic components for the present invention are usually obtainable from their corresponding water- 15 soluble and non-toxic salts. Unless otherwise defined, the amount of electrolytes or ionic components in the beverage is based on those present in the final drinkable beverage composition. Some of the less soluble salts must be "solubilized" in water, or in water having an acidic pH, in 20 order to be useful in the present invention. For example, "solubilized calcium" means calcium ions dissolved. The ionic components indicate the components obtained when dissolved in water or acidified water.

The potassium ion component can be provided by any salt 25 such as the chloride, bicarbonate, citrate, phosphate, hydrogen phosphate, tartrate, sorbate and the like, or a combination thereof. The potassium ions are preferably present in the drinkable beverage composition of the present invention in an amount in the range of from about 8 to about 30 12 meq. per liter of the drinkable beverage composition, and more preferably in a range of from about 9 to about 11 meq. per liter of the drinkable beverage composition.

Likewise, the sodium ion component can be obtained from any readily available sodium salt, such as the chloride, 35 carbonate, bicarbonate, citrate, phosphate, hydrogen phosphate, tartrate, benzoate and the like, or a combination thereof. The sodium ions are preferably present in the

drinkable beverage composition of the present invention in an amount in the range of from about 8 to about 12 meq. per liter of the drinkable beverage composition, and more preferably in a range of from about 9 to about 11 meq. per 5 liter of the drinkable beverage composition.

The chloride ion component can be provided by a salt such as sodium chloride or potassium chloride. Preferably, the chloride ions should be present in the drinkable beverage composition of the present invention in an amount 10 in the range of from about 8 to about 12 meq. per liter of the drinkable beverage composition, and more preferably in the range of from about 9 to about 11 meq. per liter of the drinkable beverage composition. Preferably, the ratio of chloride ions to sodium ions should be approximately 1 to 15 1.4.

The bicarbonate ion component used in the present invention can be obtained from their corresponding sodium or potassium salts, among others. The bicarbonate ions are 20 preferably present in the drinkable beverage composition of the present invention in an amount in the range of from about 0.5 to about 16 meq. per liter of the drinkable beverage composition, and more preferably in a range of from about 10 to about 14 meq. per liter of the drinkable beverage composition.

25 The phosphate ions needed for the present invention can be obtained from dissolution of hydrated disodium hydrogen phosphate and hydrated sodium dihydrogen phosphate in an aqueous solution. The phosphate ions are preferably present in the drinkable beverage composition of the present 30 invention in an amount in the range of from about 3 to about 15 meq. per liter of the drinkable beverage composition, and more preferably in a range of from about 10 to about 14 meq. per liter of the drinkable beverage composition.

The solubilized iron, if used, for the present 35 invention can be obtained from any suitable ferrous salts, such as ferrous sulfate, ferrous fumarate, ferrous gluconate, or mixture thereof. The solubilized iron is

preferably present in the drinkable beverage composition of the present invention in an amount in the range of from about 0.4 to about 0.8 parts per million ("ppm") of the drinkable beverage composition, and more preferably in a 5 range of from about 0.5 to about 0.7 ppm of the drinkable beverage composition. If used, the amount of solubilized iron selected is an amount that is below a subjective taste threshold. For the drink to be more palatable, the present invention can require no addition of solubilized iron.

10 The solubilized magnesium for the present invention can be obtained from a salt such as magnesium citrate, magnesium oxide, magnesium aspartate, magnesium chloride, or magnesium sulfate. The magnesium ions are preferably present in the drinkable beverage composition of the present invention in 15 an amount in the range of from about 1 to about 5 meq. per liter of the drinkable beverage composition, and more preferably in a range of from about 1 to about 3 meq. per liter of the drinkable beverage composition.

10 The solubilized calcium used in the present invention can be supplied by calcium carbonate, calcium phosphate, calcium hydrogen phosphate, calcium dihydrogen phosphate, calcium hydroxide, calcium chloride dehydrate, calcium sulfate, as well as the respective sour salts of calcium, such as, calcium citrate, calcium malate, calcium ascorbate, 25 or calcium orotate, and mixture thereof. The calcium ions are preferably present in the drinkable beverage composition of the present invention in an amount in the range of from about 1 to about 5 meq. per liter of the drinkable beverage composition, and more preferably in a range of from about 1 to about 3 meq. per liter of the drinkable beverage 30 composition.

35 Vitamin C used in the present invention either is supplied by ascorbic acid or its alkaline salt. Preferably, Vitamin C is present in the drinkable beverage composition of the present invention in an amount in the range of from about 75 to about 200 mg per liter of the drinkable beverage composition, and more preferably, in an amount in the range

of from about 80 to about 120 mg. per liter of the drinkable beverage composition.

Vitamin E for the present invention is supplied by dl- α -tocopherol acetate. Preferably, Vitamin E is present in the drinkable beverage composition or concentrate of the present invention in an amount in the range of from about 20 to about 60 international units ("I.U."), and more preferably, in an amount in the range of from about 30 to about 50 I.U. per liter of the drinkable beverage.

Vitamin B₁₂ can also be added to the drinkable beverage composition or the concentrate of the present invention. Preferably, when present, it is in the amount of from about 1 to about 5 ug per liter of the drinkable beverage composition, and preferably from about 2 to about 3 ug per liter of the drinkable beverage composition.

The edible acid component of the present invention can be selected from phosphoric acid, citric acid, malic acid, succinic acid, tartaric acid, fumaric acid, and mixture thereof. In the case of malic acid and succinic acid, they can be wholly or partly substituted thereof. The acids can be in their undissociated forms or as their respective "sour salts," such as phosphate, dihydrogen phosphate, citrate, malate, or the combination thereof. Preferably, the pH range of the drinkable beverage composition is from about 2 to about 6.5, and more preferably from about 3 to about 5.

The phosphate and the citrate ions present in the beverage compositions or concentrates can also function as a buffer system to maintain the drinkable beverage composition within a pH range.

The present invention also contains a soluble carbohydrate. Carbohydrate is a sweetener as well as an energy source. As used herein, the term "carbohydrate" refers to monosaccharides, oligosaccharides, complex polysaccharides, or mixtures thereof. The monosaccharides include tetroses, pentoses, hexoses, and ketohexoses. Examples of hexoses are aldohexoses such as glucose and dextrose, known as grape sugar. The amount of dextrose used

for the drinkable beverage composition of the present invention preferably is in a range of from about 1 to about 2 weight percent, based on the total weight of the beverage composition, and more preferably from about 1.5 to about 2 weight percent of the total weight of the beverage composition. Fructose, known as fruit sugar, is a ketohexose. Preferably, the range of fructose present in the present drinkable beverage composition is from about 1 to about 3 weight percent of the total weight of the beverage composition, and more preferably from about 1 to about 2 weight percent of the total weight of the beverage composition. For the essentially dry mixture suitable for constituting with water to form a final aqueous beverage, the preferable range of crystalline fructose is from about 1 to about 4 weight percent, based on the total weight of the final aqueous beverage, and more preferably in the range of from about 1 to about 2 weight percent of the total weight of the final aqueous beverage. An important class of oligosaccharide is disaccharide. An example of a disaccharide is sucrose, known as cane sugar or beet sugar. Preferably, the amount of sucrose present in the drinkable beverage composition of the present invention is below 0.2 weight percent of the total weight of the beverage composition, and more preferably in the range of from about 0.1 to about 0.2 weight percent, based on the total weight of the drinkable beverage composition. One of the complex polysaccharides usable for the present invention is maltodextrin. Maltodextrins are a form of complex carbohydrate molecule several glucose units in length. They are spray-dried carbohydrate ingredients made by controlled hydrolysis of corn starch. Maltodextrin M-100 has a very low hygroscopicity, very low reducing sugars and browning reactions. It has very slight sweetness and has approximately 30% true solubility. The dextrose equivalence ("D.E.") of maltodextrin M-100 is approximately 10. D.E. provides a good index of the degree of starch polymer hydrolysis. This index is the percent conversion as

determined by quantitative analysis of end-group reducing sugars. The Food and Drug Administration defines maltodextrin $(C_6H_{12}O_5)_nH_2O$ (CAS Reg. No. 9050-36-6) as a non-sweet, nutritive saccharide polymer that consists of D-glucose units linked primarily by alpha-1,4-bonds. Generally, maltodextrins have a D.E. of less than 20. The preferred range of maltodextrin for the drinkable beverage composition is between about 3 to about 6 weight percent of the total weight of the drinkable beverage composition, and more preferably from about 2 to about 4 weight percent, based on the total weight of the drinkable beverage composition. The total carbohydrates used in the present invention are preferably in the range of from about 6 to about 9 weight percent of the total weight of the drinkable beverage composition. Thus, one preferred embodiment has about 3 weight percent of crystalline fructose and about 4 weight percent of maltodextrin, each based on the total weight of the drinkable beverage composition.

For diet beverages, instead of using either mono-saccharides or oligo-saccharides, non-caloric or low-caloric sweeteners can be used in conjunction with maltodextrin. The terms "non-caloric" and "low-caloric" are used interchangeably. The low-caloric sweeteners can be derived either from natural origins or from synthetic sources. Examples of such non-caloric or low-caloric carbohydrate sweeteners include, but are not limited to, saccharin, cyclamates, acetosulfam, sorbitol, xylitol, L-aspartyl-L-phenyl-alanine ester (e.g. aspartame), L-aspartyl-D-alanine alkyl amides disclosed in European Patent Application No. 34,876 to Pfizer, published September 2, 1981 (herein incorporated by reference), L-aspartyl-L-1-hydroxymethylalkaneamide sweeteners disclosed in U.S. Pat. No. 4,338,346 to Brand, issued December 21, 1982 (herein incorporated by reference), L-aspartyl-1-hydroxyethyl-alkaneamide sweeteners disclosed in U.S. application Ser. No. 277,307 to G. P. Rizzi, filed June 25, 1981, now U.S. Pat. No. 4,423,029, issued December 27, 1983 (herein

incorporated by reference), and the like. The amount of the non-caloric sweetener used depends on the particular sweetener, or mixture of sweeteners, and the sweetness intensity desired. Generally, the non-caloric or low-
5 caloric sweetener ranges from about 10 parts per million to about 14 weight percent, based on the total weight of the drinkable beverage composition. In diet drinks, if desired, from about 7 to about 8 weight percent, based on the total weight of the drinkable beverage composition, of a
10 carbohydrate can be used.

As used herein, Brix is a measure of the soluble solids in a liquid as measured by refractometer. The Brix can be expressed in weight percent.

Caffeine can be added to the beverage composition of
15 the present invention if desired. The preferred range of added caffeine is from about 100 to about 200 mg per liter
of the drinkable beverage composition.

A flavoring additive of the beverage composition and the concentrate of the present invention includes a flavor
20 selected from fruit flavors, botanical flavors, and mixtures thereof. As used herein, the term "fruit flavor" denotes flavors derived from the natural edible reproductive parts of seed plants as well as synthetically prepared flavors made to simulate fruit flavors derived from natural sources.
25 Preferred flavoring additives are citrus flavors, such as orange flavor, lemon flavor, lime flavor, fruit punch, and mixtures thereof. Other flavors, such as grape flavor, cherry flavor, apple flavor, and mixtures thereof, can also be used. The amount of soluble flavor additive used depends
30 upon the flavor or flavors selected, the flavor impression desired, and the form of flavor additive used. When a concentrated flavor is used as an additive, the amount of flavor additive can vary from about 0.05 to about 0.5 weight percent based on the total weight of the drinkable beverage
35 composition.

If desired, coloring agents can also be added into the drinkable beverage compositions or beverage concentrates of

the present invention. Any soluble coloring agents approved for food use can be utilized for the present invention.

When desired, preservatives, such as potassium sorbate and sodium benzoate, can be added into the drinkable 5 beverage composition or beverage concentrate of the present invention. Amounts ranging from about 0.01 to about 15 weight percent of the drinkable beverage composition can be used.

The drinkable beverage composition may be prepared by 10 mixing together all of the ingredients. The mixture is then dissolved in water and agitated with a mechanical stirrer until all of the ingredients have gone into solution. It may be necessary for the solution to be heated to a temperature between about 50° C and about 100° C to get all 15 the ingredients dissolved. The preservative can then be added. After the mixture has been adjusted to a desired pH with an acid component, the beverage may be bottled, capped, and pasteurized at about 75° C for about 20 minutes.

One way to prepare the concentrate form of the liquid 20 beverage would be to start with less than the required volume of the liquid solvent that is used in the preparation of the drinkable beverage composition. Another way would be to partially dehydrate the finally prepared drinkable 25 beverage composition to remove only a portion of the liquid solvent and any other volatile liquids present. Dehydration can be accomplished in accordance with a well known procedure, such as evaporation under vacuum. The concentrate can be in the form of a relatively thick, syrupy liquid or a solid. The solid can be in the form of an 30 essentially dry powder or a tablet. The concentrate can later be constituted with a proper amount of water to make the final drinkable beverage composition.

Carbon dioxide can be introduced either into the water 35 to be mixed with the beverage concentrate, or into the drinkable beverage composition, to achieve carbonation. The carbonated beverage composition can then be stored in a container, such as a bottle or a can and then sealed. See

L. F. Green, Development in Soft Drinks Technology, Vol. 1, pp. 102-107, Applied Science Publishers Ltd., 1978, herein incorporated by reference. The amount of carbon dioxide introduced into the beverage composition depends upon the 5 particular flavor system used and the amount of carbonation desired. Usually, carbonated beverages of the present invention contain from about 1.0 to about 4.5 volumes of carbon dioxide. Preferred carbonated beverages contain from about 2 to about 3.5 volumes of carbon dioxide.

10 The essentially dry mixture of the beverage composition can be prepared by blending the proper amounts and ratios of all the required dry ingredients together. Alternatively, the finally prepared drinkable beverage composition can be dehydrated to give the essentially dry mixture of the 15 beverage composition. An edible binding agent, such as starch, can be added to a powder form of the beverage composition and the resulting mixture compacted into tablets. The essentially dry mixture, either as powder, granules or tablets, can later be dissolved in a proper 20 amount of water, carbonated or non-carbonated, to make the final drinkable beverage composition.

EXAMPLE I

A drinkable beverage composition was prepared 25 containing the following ingredients:

	<u>Ingredients</u>	<u>Amount</u>
	Iron	0.59 ppm (0.010 meq./l)
	Vitamin C	100 mg/l
30	Potassium	10.3 meq./l
	Sodium	10 meq./l
	Calcium	6 meq./l
	Chloride	10 meq./l
	Phosphates	9 meq./l
35	Bicarbonate	12 meq./l
	Magnesium	2 meq./l
	Vitamin E	38 I. U./l
	Maltodextrin M-100	2%
	Fructose	2.45%
40	Dextrose	1.87%
	Sucrose	0.13%
	Osmolality	244 mOs/l
	Brix	7.2

pH	3.16
Acidity (75% Phosphoric acid and citric acid)	48.4 *

5

The letter "l" denotes liter.

10 The percentage given was the weight percent of the ingredient based on the total weight of the final drinkable beverage composition.

15 * the "acidity" is expressed as volume in ml of 0.1 N NaOH required to adjust the beverage composition to a pH of 8.3.

15

EXAMPLE II

20 An essentially dry mixture of the beverage composition was prepared by blending the following ingredients so that when constituted or dissolved in water to give a final beverage, the following properties were established:

	<u>Ingredients</u>	<u>Amount</u>
25	Iron	0.59 ppm (0.010 meq./l)
	Vitamin C	100 mg/l
	Potassium	10 meq./l
	Sodium	10 meq./l
	Calcium	6 meq./l
30	Chloride	10 meq./l
	Phosphates	4 meq./l
	Bicarbonate	12 meq./l
	Magnesium	2 meq./l
	Vitamin E	38 I.U./l
	Maltodextrin M-100	4%
35	Crystalline Fructose	3.1%
	Osmolality	172 mOs/l
	Brix	7.5
	pH	3.34
40	Acidity (Citric Acid)	41.9 *

40

The letter "l" denotes liter.

45 The percentage given is the weight percent of the ingredient based on the total weight of the final beverage.

50 * The "acidity" is expressed as volume in ml of 0.1 N NaOH required to adjust the beverage composition to a pH of 8.3.

EXAMPLE III

A drinkable beverage composition was prepared containing the following ingredients:

	<u>Ingredients</u>	<u>Amount</u>
5	Iron	0.59 ppm (0.010 meq./l)
	Vitamin C	100 mg/l
	Potassium	10.3 meq./l
	Sodium	10 meq./l
10	Calcium	6 meq./l
	Chloride	10 meq./l
	Phosphates	9 meq./l
	Bicarbonate	12 meq./l
	Magnesium	2 meq./l
15	Vitamin E	38 I.U./l
	Maltodextrin M-100	2%
	Fructose	2.45%
	Dextrose	1.87%
	Sucrose	0.13%
20	Osmolality	244 mOs/l
	Brix	7.2
	pH	3.16
25	Acidity (75% Phosphoric acid and citric acid)	48.4 *

The letter "l" denotes liter.

30 The percentage given was the weight percent of the ingredient based on the total weight of the final drinkable beverage composition.

35 * the "acidity" is expressed as volume in ml of 0.1 N NaOH required to adjust the beverage composition to a pH of 8.3.

EXAMPLE IV

An essentially dry mixture of the beverage composition 40 was prepared by blending the following ingredients so that when constituted or dissolved in water to give a final beverage, the following properties were established:

	<u>Ingredients</u>	<u>Amount</u>
45	Iron	0.59 ppm (0.010 meq./l)
	Vitamin C	100 mg/l
	Potassium	10 meq./l
	Sodium	10 meq./l
	Calcium	6 meq./l
50	Chloride	10 meq./l
	Phosphates	4 meq./l

	Bicarbonate	12 meq. /l
	Magnesium	2 meq. /l
	Vitamin E	38 I. U. /l
	Maltodextrin M-100	4%
5	Crystalline Fructose	3. 1%
	Osmolality	172 mOs/l
	Brix	7. 5
	pH	3. 34
10	Acidity (Citric Acid)	41. 9 *

The letter "l" denotes liter.

15 The percentage given is the weight percent of the ingredient based on the total weight of the final beverage.

20 * The "acidity" is expressed as volume in ml of 0.1 N NaOH required to adjust the beverage composition to a pH of 8.3.

25 The invention now being fully described, it will be apparent to one of ordinary skill in the art that many changes and modifications can be made thereto without departing from the spirit or scope of the invention as defined in the following claims.

EXAMPLE V

30 A drinkable beverage composition can be prepared containing the following ingredients:

	<u>Ingredients</u>	<u>Amount</u>
	Vitamin C	100 mg/l
35	Potassium	10 meq. /l
	Sodium	10 meq. /l
	Calcium	2 meq. /l
	Chloride	7. 5 meq. /l
	Phosphates	4 meq. /l
40	Bicarbonate	2 meq. /l
	Magnesium	2 meq. /l
	Vitamin E	38 I. U. /l
	Maltodextrin M-100	7. 5%

45 The letter "l" denotes liter.

50 The percentage given is the weight percent of the ingredient based on the total weight of the final drinkable beverage composition.

* the "acidity" is expressed as volume in ml of 0.1 N NaOH required to adjust the beverage composition to a pH of 8.3.

5

A sufficient amount of an artificial sweetener can be added to impart the desirable sweetness.

EXAMPLE VI

10 A drinkable beverage composition can be prepared containing the following ingredients:

	<u>Ingredients</u>	<u>Amount</u>
	Vitamin C	100 mg/l
15	Potassium	10 meq./l
	Sodium	10 meq./l
	Calcium	2 meq./l
	Chloride	7.5 meq./l
	Phosphates	4 meq./l
20	Bicarbonate	2 meq./l
	Magnesium	2 meq./l
	Vitamin E	38 I.U./l

25 The letter "l" denotes liter.

The percentage given is the weight percent of the ingredient based on the total weight of the final drinkable beverage composition.

30 * the "acidity" is expressed as volume in ml of 0.1 N NaOH required to adjust the beverage composition to a pH of 8.3.

35 A sufficient amount of an artificial sweetener can be added to impart the desirable sweetness.

I claim:

1. An aqueous beverage composition adapted for oral administration of water, physiologically essential electrolytes, nutrient minerals, and sweeteners to a human body comprising:

from about 3 to about 50 meq. of an electrolyte per liter of said beverage composition;

10 from about 0 to about 8 weight percent, based on the total weight of said beverage composition, of a carbohydrate;

from about 0 to about 14 weight percent, based on the total weight of said beverage composition, of a low-caloric sweetener;

15 a sufficient amount of an edible acid component to adjust the pH of said beverage composition to a range from about 2 to about 6.5;

said beverage composition having an osmolality of from about 100 to about 270 mOs/l; and

20 a sufficient amount of water necessary to establish the foregoing properties.

2. The beverage composition of claim 1 further comprising solubilized iron.

25 3. The beverage composition of claim 1 wherein said water is carbonated.

4. An aqueous beverage composition adapted for oral administration of water, physiologically essential electrolytes, nutrient minerals, and carbohydrate to a human body, comprising:

from about 8 to about 12 meq. of potassium ions per liter of said beverage composition;

from about 8 to about 12 meq. of sodium ions per liter of said beverage composition;

35 from about 1 to about 8 meq. of solubilized calcium per liter of said beverage composition;

from about 6 to about 12 meq. of chloride ions per liter of said beverage composition;

from about 3 to about 15 meq. of phosphate ions per liter of said beverage composition;

5 from about 1 to about 5 meq. of solubilized magnesium per liter of said beverage composition;

from about 0.5 to about 12 meq. of bicarbonate ions per liter of said beverage composition;

10 from about 75 to about 200 mg of Vitamin C per liter of said beverage composition;

from about 20 to about 60 I.U. of Vitamin E per liter of said beverage composition;

15 from about 3 to about 6 weight percent, based on the total weight of said beverage composition, of maltodextrin;

a sufficient amount of an edible acid component to adjust the pH of said beverage composition to a range from about 3 to about 6;

20 a sufficient amount of an edible buffering component to maintain said pH;

said beverage composition having an osmolality of from about 100 to about 270 mOs/l; and

25 a sufficient amount of water necessary to establish the foregoing properties.

5. The beverage composition of claim 4 further comprising from about 0.4 to about 0.8 ppm of solubilized iron.

30 6. The beverage composition of claim 4 wherein said water is carbonated.

7. The beverage composition of claim 4 further comprising Vitamin B₁₂ in an amount ranging from about 1 to about 5 micrograms per liter of said beverage composition.

35 8. The beverage composition of claim 4 further comprising caffeine in an amount ranging from about 100 to about 200 mg per liter of said beverage composition.

9. A concentrate for use in forming a final aqueous beverage comprising an admixture of materials in amounts and ratios such that when constituted with water, carbonated or non-carbonated, to form said final aqueous beverage, the 5 following conditions and proportions are obtained:

from about 3 to about 50 meq. of an electrolyte per liter of said final aqueous beverage;

10 from about 0 to about 8 weight percent, based on the total weight of said final aqueous beverage, of a carbohydrate;

from about 0 to about 14 weight percent, based on the total weight of said final aqueous beverage, of a low-caloric sweetener;

15 a sufficient amount of an edible acid component to adjust the pH of said final aqueous beverage to a range from about 2 to about 6.5; and said final aqueous beverage having an osmolality of from about 100 to about 270 mOs/l.

10. The concentrate of claim 9 wherein said electrolyte is selected from a group consisting of sodium ion component and potassium ion component.

11. The concentrate of claim 9 wherein said carbohydrate comprises fructose.

12. The concentrate of claim 9 wherein said carbohydrate comprises sucrose.

13. The concentrate of claim 9 wherein said carbohydrate comprises maltodextrin.

14. The concentrate of claim 9 wherein said edible acid component comprises citric acid.

15. The concentrate of claim 9 further comprising Vitamin C in an amount ranging from about 75 to about 200 mg per liter of said final aqueous beverage.

16. The concentrate of claim 9 further comprising Vitamin E in an amount ranging from about 20 to about 60 I.U. per liter of said final aqueous beverage.

17. The concentrate of claim 9 further comprising an edible buffering component.

18. The concentrate of claim 9 further comprising solubilizable iron in an amount ranging from about 0.4 to about 0.8 ppm.

19. The concentrate of claim 9 further comprising Vitamin B₁₂ in an amount ranging from about 1 to about 5 micrograms per said liter of beverage composition.

20. The concentrate of claim 9 further comprising caffeine in an amount ranging from about 100 to about 200 mg per liter of said final aqueous beverage.

21. The concentrate of claim 9 wherein said concentrate is in the form of a syrup.

22. The concentrate of claim 9 wherein said concentrate is in the form of an essentially dry powder.

23. The concentrate of claim 9 wherein said concentrate is in the form of a tablet.

24. An essentially dry mixture suitable for constituting with water, carbonated or non-carbonated, to form a final beverage for oral administration of water, physiologically essential electrolytes, nutrient minerals, and carbohydrates to a human body, said dry mixture comprising:

from about 8 to about 12 meq. of a potassium cation component per liter of said final aqueous beverage;

10 from about 8 to about 12 meq. of a sodium cation component per liter of said final aqueous beverage;

from about 75 to about 200 mg of Vitamin C per liter of said final aqueous beverage;

15 from about 20 to about 60 I.U. of Vitamin E per liter of said final aqueous beverage;

from about 1 to about 5 weight percent, based on the total weight of said final aqueous beverage, of crystalline fructose;

20 from about 3 to about 6 weight percent, based
on the total weight of said final aqueous
beverage, of maltodextrin;

25 a sufficient amount of an edible acid
component such that when said essentially dry
mixture is constituted with said water to give
said final beverage the pH of said final aqueous
beverage is in a range of from about 2 to about
6.5; and

30 said final aqueous beverage having an
osmolality of from about 100 to about 270 mOs/l.

25. The essentially dry mixture of claim 24 further
comprising Vitamin B₁₂ in an amount ranging from about 1 to
about 5 micrograms per liter of said final aqueous beverage.

26. The essentially dry mixture of claim 24 further
comprising caffeine in an amount ranging from about 100 to
about 200 mg per liter of said final aqueous beverage.

27. The essentially dry mixture of claim 24 further
comprising solubilizable iron in an amount ranging from
about 0.4 to about 0.8 ppm.

INTERNATIONAL SEARCH REPORT

International Application No

PCT/US 91/01343

I. CLASSIFICATION OF SUBJECT MATTER (If several classification symbols apply, indicate all)⁶

According to International Patent Classification (IPC) or to both National Classification and IPC

Int.Cl. 5 A23L2/38 ; A61K33/14 ; A61K33/42

II. FIELDS SEARCHED

Minimum Documentation Searched⁷

Classification System	Classification Symbols
Int.Cl. 5	A23L ; A61K

Documentation Searched other than Minimum Documentation
to the Extent that such Documents are Included in the Fields Searched⁸III. DOCUMENTS CONSIDERED TO BE RELEVANT⁹

Category ¹⁰	Citation of Document, ¹¹ with indication, where appropriate, of the relevant passages ¹²	Relevant to Claim No. ¹³
X	EP,A,0044116 (STAUFFER CHEMICAL) 20 January 1982 see page 3, line 27 - page 4, line 24 see page 5, lines 11 - 17 see page 6, lines 1 - 30 see page 13, line 28 - page 14, line 5; claims 1-5	1, 3, 9, 12, 14, 21-23
X	FR,A,2325330 (JOHNSON& JOHNSON) 22 April 1977 see page 5, lines 29 - 37 see page 6, lines 27 - 34; claims ---	1, 3, 9, 12, 14, 15, 21-23
Y	EP,A,0353065 (UNIVERSITY OF FLORIDA) 31 January 1990 see claims ---	1, 3, 4, 6-12, 14-17, 19-26 -/-

⁶ Special categories of cited documents :¹⁰

- "A" document defining the general state of the art which is not considered to be of particular relevance
- "E" earlier document but published on or after the international filing date
- "L" document which may throw doubts on priority claim(s) or which is cited to establish the publication date of another citation or other special reason (as specified)
- "O" document referring to an oral disclosure, use, exhibition or other means
- "T" document published prior to the international filing date but later than the priority date claimed

⁷ T later document published after the international filing date or priority date and not in conflict with the application but cited to understand the principle or theory underlying the invention⁸ X document of particular relevance; the claimed invention cannot be considered novel or cannot be considered to involve an inventive step⁹ Y document of particular relevance; the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art¹⁰ & document member of the same patent family

IV. CERTIFICATION

Date of the Actual Completion of the International Search

28 JUNE 1991

Date of Mailing of this International Search Report

11.07.91

International Searching Authority

EUROPEAN PATENT OFFICE

Signature of Authorized Officer

VAN MOER A.M.J.

III. DOCUMENTS CONSIDERED TO BE RELEVANT (CONTINUED FROM THE SECOND SHEET)		
Category ^a	Citation of Document, with indication, where appropriate, of the relevant passages	Relevant to Claim No.
Y	US,A,4042684 (A.B.KAHM) 16 August 1977 see claims (cited in the application) ---	1, 3, 4, 6-12, 14-17, 19-26
Y	US,A,4322407 (S.Y.KO) 30 March 1982 see column 4, lines 16 - 38; claims (cited in the application) ---	1, 3, 4, 6-12, 14-17, 19-26
X	DE,A,1956149 (STOKELY-VAN CAMP) 10 December 1970 see page 5, paragraph 3 see page 5, paragraph 5 see page 7, paragraph 2; claims ---	1, 3, 9, 12, 14, 15, 21-23

ANNEX TO THE INTERNATIONAL SEARCH REPORT
ON INTERNATIONAL PATENT APPLICATION NO.

US 9101343

SA 45178

This annex lists the patent family members relating to the patent documents cited in the above-mentioned international search report.
The members are as contained in the European Patent Office EDP file on
The European Patent Office is in no way liable for these particulars which are merely given for the purpose of information.

28/06/91

Patent document cited in search report	Publication date	Patent family member(s)		Publication date
EP-A-0044116	20-01-82	US-A-	4309417	05-01-82
		AT-T-	E11360	15-02-85
		AU-A-	7106081	14-01-82
		CA-A-	1143995	05-04-83
		JP-A-	57039764	05-03-82
FR-A-2325330	22-04-77	AU-A-	1796976	06-04-78
		BE-A-	846462	22-03-77
		DE-A-	2642632	24-03-77
		GB-A-	1541461	28-02-79
		JP-A-	52041273	30-03-77
		NL-A-	7610539	25-03-77
EP-A-0353065	31-01-90	AU-A-	3898089	01-02-90
		JP-A-	2211854	23-08-90
		US-A-	4981687	01-01-91
US-A-4042684	16-08-77	None		
US-A-4322407	30-03-82	None		
DE-A-1956149	10-12-70	None		